

# **JUNIOR MUSICIAN BADGE - MEETING 1**

Badge Purpose: When girls have earned this badge, they'll know how music is made and how to perform music.

**Activity Plan Length: 1.5 hours** 

Time	Activity	Materials Needed
15 minutes	Getting Started  • Girls recite the Girl Scout Promise + Law	☐ (Optional) Girl Scout Promise and Law poster
15 minutes	Note Names  • Girls explore how music is made	<ul><li>□ Note worksheets</li><li>□ Writing utensils</li></ul>
20 minutes	Take a Music Trip  Girls learn about music from various time periods and countries	☐ CD or MP3 player with speakers☐ Recordings of music from three different countries or three different time periods
15 minutes	Music Poll  Girls explore different styles of music	<ul> <li>□ Large sheets of paper</li> <li>□ Markers</li> <li>□ (Optional) Recordings of different styles of music and CD or MP3 player</li> </ul>
10 minutes	Snack Chat  • Girls enjoy a healthy snack while discussing what they have learned	☐ Healthy snack
15 minutes	Wrapping Up	☐ (Optional) Make New Friends lyrics poster

Time: 15 minutes

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# **Getting Started**

Materials Needed: Girl Scout Promise and Law poster (optional)

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

## **Activity #1: Note Names**

Badge Connection: Step 1 – Explore how music is made Materials Needed: Note worksheets, writing utensils Prep Needed:

Make copies of note worksheets.

1. Go over the notes of the treble clef. Reference the Note Worksheet for specific note names. Explain to the girls that music is made by playing a combination of different sounds in an arranged pattern. These sounds are called notes, and last for different amounts of time depending on how they are arranged.

Time: 20 minutes

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- 2. Have girls complete the Note Worksheet. They may work individually or with each other.
- 3. See how many words the girls came up with from the worksheet.

### **Activity #2: Take a Music Trip**

Badge Connection: Step 2 - Travel around the world of music

Materials Needed: CD or MP3 player with speakers, recordings of music from three different countries or three different time periods

### Prep Needed:

- Gather materials and supplies.
- Options for music from different countries and different time periods:
  - Troubadour or Medieval Minstrel
  - o Baroque (Bach, Vivaldi, Handel)
  - o 1920s-1930s Jazz (Louis Armstrong, Ella Fitzgerald, George Gershwin)
  - o 1950s Rock 'n' Roll (Bill Haley and the Comets, Elvis)
  - African drumming
  - Celtic bagpipes
  - o Reggae
  - Mariachi
  - Western/Country
- 1. Choose music from three different countries or three different time periods (or a mix of both)
- Split the girls into three groups. Assign each group a song. Each group will come up with dance moves to their song.
- 3. Have each group perform and/or teach their dance to the rest of the troop.
- 4. After each song, ask the girls how the music made them feel. Did they move fast or slow? How did each style of music differ?

### **Activity #3: Music Poll**

Badge Connection: Step 3 - Check out the music in your life

Materials Needed: Large sheets of paper, markers, recordings of different styles of music and CD or MP3 player (optional)

#### Prep Needed:

- Gather materials and supplies.
- (Optional) Find examples of different styles of music.
- 1. Have the girls brainstorm different styles of music. List at least five different styles of music and write them down on their own sheet of paper. Post the musical styles around the room. Ideas include:
  - Pop
  - Rock
  - Hip-hop
  - Classical
  - Jazz
  - Blue-grass
  - Folk

(Optional) Listen to an example of each style of music.

- 2. Have girls take turns marking a tally next to each style of music they like.
- 3. Ask the girls to share why they like certain styles of music and not others. Which styles are the most popular across the group?

Time: 10 minutes

## **Activity #4: Snack Chat and Friendship Pledge**

Badge Connection: Questions link to multiple badge steps

Materials Needed: Healthy snack

- 1. While enjoying snack, here are some things for girls to talk about:
  - What is your favorite song?
  - Who is your favorite musician, singer, band or composer?
  - Have you ever learned to play an instrument?
  - What is your favorite thing about learning a new instrument? Your least favorite thing?
  - Have you ever been to a musical performance or concert?

Wrapping Up

Time: 15 minutes

Materials Needed: Make New Friends lyrics (optional)

Close the meeting by singing Make New Friends and doing a friendship circle.

### **More to Explore**

- Field Trip Ideas:
  - Visit a music store or museum to learn about different instruments.
  - Attend a concert or musical performance.
- Speaker Ideas:
  - o Invite a musician, composer, or music teacher to your meeting.

### **Notes Worksheet**

### About This Activity

CodeBreaker! is a note naming activity that is perfect for the music classroom or beginning instrumental/choral student. The challange of this activity is to correctly name each note and then write its alphabet letter name on the blank below. The code is broken when the alphabet letters reveal the secret word

