

CADETTE OUTDOOR ART APRENTICE – MEETING 1

Badge Purpose: When you’ve earned this badge, you will have been inspired outdoors and created nature-themed art.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
10 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster
15 minutes	Land Art Extraordinaire <ul style="list-style-type: none"> Learn about land artist, Nancy Holt. 	<input type="checkbox"/> Laptop, phone, or tablet with internet access
20 minutes	Rock Out to Nature & Snack Chat <ul style="list-style-type: none"> Make a playlist inspired by nature. 	<input type="checkbox"/> YouTube or Spotify (optional) OR <input type="checkbox"/> Pen & paper <input type="checkbox"/> Healthy snack
35 minutes	Get Crafty – with Nature! <ul style="list-style-type: none"> Make a mason jar leaf candle. 	<input type="checkbox"/> Mason jars <input type="checkbox"/> Leaves <input type="checkbox"/> Twine <input type="checkbox"/> Modge Podge <input type="checkbox"/> Paint brushes or foam brushes <input type="checkbox"/> Newspaper or tablecloth <input type="checkbox"/> Tea candles
10 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends lyrics poster

Getting Started

Time: 10 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

Activity #1: Land Art Extraordinaire

Time: 15 minutes

Badge Connection: Step 1 – Explore art outdoors

Materials Needed: Laptop, phone, or tablet with internet access

Prep Needed:

- If you do not have internet access at your meeting space, download a few artwork images by Nancy Holt prior to the meeting.



1. There are all sorts of artists in the world—even artists who use the land around them to create art. Land art is a movement that started in the 1960’s and 1970’s in Great Britain and the United States. This style of art pushed boundaries with the materials used and the locations of artworks. Spiral Jetty by Robert Smithson is a very famous work of land art.
2. Nancy Holt was a famous female land artist. Learn more about this land artist extraordinaire by researching a bit about her and some of her art works.
3. Here are a few things to think about when looking at different works of land art:
 - What elements of art do you see being used (line, space, shape, color, form, texture, value)?
 - Why do you think the artists chose the location they did? Would the meaning of the work change if it was in a different location?

Activity #2: Rock Out to Nature & Snack Chat

Time: 20

minutes

Badge Connection: Step 3 – Get to know, and create, sounds of nature

Materials Needed: YouTube, Spotify, or simply a pen and paper; healthy snack

1. What types of music make you think of the outdoors? What types of music do you like to listen to when outdoors? Does the type of music you like to listen to change based on the activity you are doing (ex: camping versus going for a run)?
2. Create a nature playlist of at least five songs. The playlist can be songs that make you think of nature, or a playlist you would like to listen to when outdoors. Use an app like YouTube or Spotify to create your playlist, or simply write down a list of songs on paper.
3. Enjoy a healthy snack while you work on your playlist.
4. Listen to your playlists during the next activity if you like!

Activity #3: Get Crafty – with Nature!

Time: 35 minutes

Badge Connection: Step 2 – Make something

Materials Needed: Mason jars; leaves; twine; Modge Podge; paint brushes or foam brushes; newspaper or tablecloth; tea candles

Prep Needed:

- Collect leaves from outside. Be sure to only collect leaves off the ground! Leaves that are not too dry work best.

1. Today you will make a nature inspired craft! With leaves found on the ground, you will turn a mason jar into a decorative candle holder. Prep your work area by placing newspaper over your table.
2. Paint a thin layer of Modge Podge on the back of the leaf, then place on the jar. Apply another layer of Modge Podge over the leaf. Depending on how dry the leaves are, this can be tricky. Be patient and don’t rush the process. Continue adding leaves to make a pattern of your choosing.
3. Tie a piece of twine or ribbon along the top of the jar and place a candle inside. Set aside to dry overnight.



Wrapping Up

Time: 10 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Visit an arboretum to learn more about landscape design.
 - Visit an art museum and find examples of artists using nature in their work.
- Speaker Ideas:
 - Invite a crafter or artist who uses nature in their work to your meeting.
 - Invite a landscape designer or architect to your meeting to talk about the work they do.

