



## **Daisy Flower Garden**

### **Activity Plan 1: Watering Can Award**

**Purpose:** When girls have earned this award, they'll begin to understand the Girl Scout Promise and Law and experience what it means to be "responsible for what I say and do."

**Planning Guides Link:** Leadership

**Activity Plan Length:** 1.5 hours

#### **Resources**

- This activity plan has been adapted from *It's Your World—Change It! Welcome to the Daisy Flower Garden*, which can be used for additional information and activities.

#### **Activity #1: Girl Scout Law Flower Pots**

Journey Connection: Session 1—First Planting: A Mini Garden

Time Allotment: 15 minutes

Materials Needed:

- Dixie cups or small flower pots
- Permanent markers
- Optional: Newspaper to cover work area
- Optional: Aprons or old t-shirts
- Optional: Girl Scout Law printed on poster board

Steps:

1. Explain to the girls that part of being a Girl Scout is living by the Girl Scout Law. As a group, come up with an example of each line of the Law. For example:
  - "Sharing my toys with my little sister is friendly and helpful."
  - "My family recycles and uses resources wisely."
2. Have each girl pick a line of the law that she really likes.
3. Pass out a Dixie cup or flower pot to each girl.
4. Have each girl decorate her cup with the part of the Law she chose. Use permanent markers to decorate the cups or flower pots with words or pictures.

#### **Activity #2: A Garden of My Own**

Journey Connection: Session 1—First Planting: A Mini Garden

Petal Connection: Responsible for What I Say and Do (Orange Petal) and Friendly and Helpful (Yellow Petal)

Time Allotment: 25 minutes

Materials Needed:

- Seeds or flowers for planting

- Decorated cups or flower pots (from Activity #1)
- Potting soil
- Cup or shovel for scooping soil (or girls can use their hands!)
- Optional: Small watering can

Steps:

1. Explain to the girls that they are going to work together to plant their own gardens. By planting and taking care of a garden they will be “responsible for what you say and do,” “use resources wisely” and “make the world a better place”. Ask girls how they think gardens help make the world a better place.
2. Have girls work together in pairs as they plant their own gardens. One girl can hold the flower pot while the other scoops the soil, etc.
3. Using the cups or flower pots they just decorated, potting soil, and seeds or flowers, have girls create their own mini gardens. Lightly water the gardens once they are planted.
4. Tell girls that they are now responsible for their plant and they need to take care of it. Remind girls to water the plant regularly and put it somewhere where it will get just the right amount of sunlight.

**Activity #3: Garden Scamper**

Journey Connection: Session 2—Garden Scamper

Petal Connection: Courageous and Strong (Red Petal) and Honest and Fair (Light Blue Petal)

Time Allotment: 10 minutes

Steps:

1. Explain that the girls will need to be “honest and fair” and “courageous and strong” as they play this game.
2. Designate a starting line and a finish line on opposite sides of the room.
3. Split the girls into two groups. Have each group stand in a single-file line behind the starting line.
4. Explain the rules of the game.
  - You will call out the name of a garden critter such as a rabbit, bird, squirrel, grasshopper, etc.
  - The girls at the front of each line must move like that critter to get across the room.
  - When they get to the finish line, the girl must then call out a new critter so her teammate can travel across the room, moving like the new critter. Girls cannot repeat a critter within the same line.
  - If a girl doesn’t move like the critter, she must go to the back of the line.
  - Continue down the line until all girls have gotten to the other side. The first group to make it to the other side wins.
5. After playing the game, ask girls how they showed they were “honest and fair” and “courageous and strong” during the game.

**Activity #4: Snack Chat**

Journey Connection: Questions link to the Daisy Flower Garden—Sessions 1 and 2

Time Allotment: 10 minutes

While enjoying a healthy snack of your choice, here are some things to talk about:

- What is your favorite line of the Girl Scout Law? Why?
- How will you continue to take care of your mini garden?

- What is your favorite flower?
- What is your favorite garden critter?
- What ways can critters help or hurt your garden?

**More to Explore**

- Field Trip Ideas:
  - Visit a local community garden, flower shop, or garden center.
  - Take a walk near your meeting place and look at the plants and flowers in the area. While walking around, pick up trash.
- Speaker Ideas:
  - Invite a florist or gardener to speak about gardening.
  - Invite an older Girl Scout to talk about how she lives the Girl Scout Promise and Law.

**Customize It!:** If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: Completing the activities as listed in the *Welcome to the Daisy Flower Garden Journey*, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the

Watering Can Award if:

- They begin to learn the Girl Scout Promise and Law.
- They are “responsible for what they say and do” by planting and taking care of their mini flower garden.

Girls can continue their Daisy Flower Garden journey by earning the Amazing Daisy Award and the Golden Honey Bee Award.

**Family Follow-Up Email**

Use the email below as a template to let families know what you did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about the Girl Scout Promise and Law. We talked about what it means to be “responsible for what I say and do” and earned the Watering Can Award.

<b>Girl Scout Promise</b>	<b>Girl Scout Law</b>
<p><i>On my honor, I will try:</i> To serve God and my country, To help people at all times, And to live by the Girl Scout Law.</p>	<p><i>I will do my best to be</i> honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, <i>and to</i> respect myself and</p>

We had fun:

- Making mini flower gardens to take care of at home
- Acting like critters you find in a garden

Continue the fun at home:

- Ask your Girl Scout what her favorite part of the Girl Scout Law is and what it means to her.\*
- Help your Girl Scout water and take care of her new mini flower garden.\*
- Look at the *Welcome to the Daisy Flower Garden* journey book and read about the adventures of Chandra, Cora, Campbell and the Flower Friends.

\*Please complete these steps to help your Girl Scout earn the Watering Can Award.

Thank you for bringing your Daisy to Girl Scouts!

***This activity plan was adapted from Girl Scouts River Valleys.***